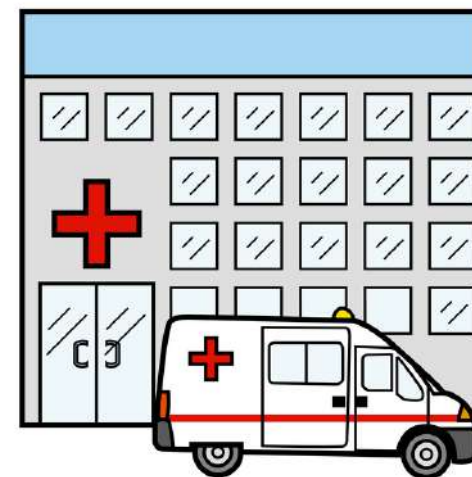
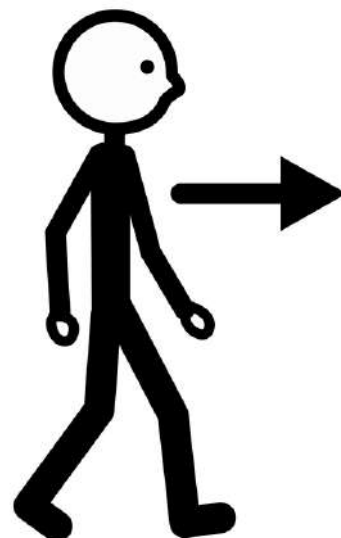
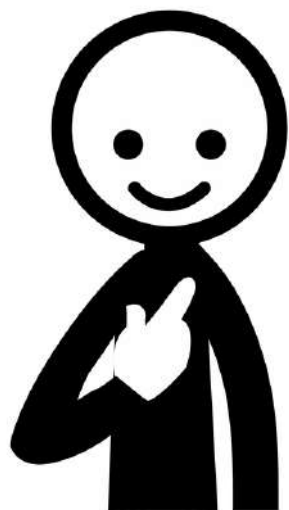
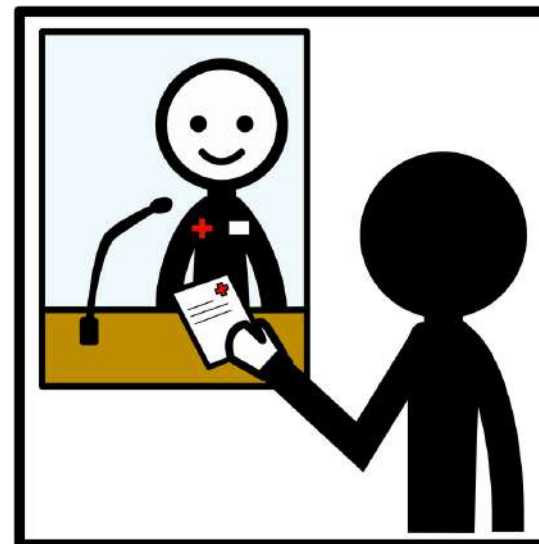
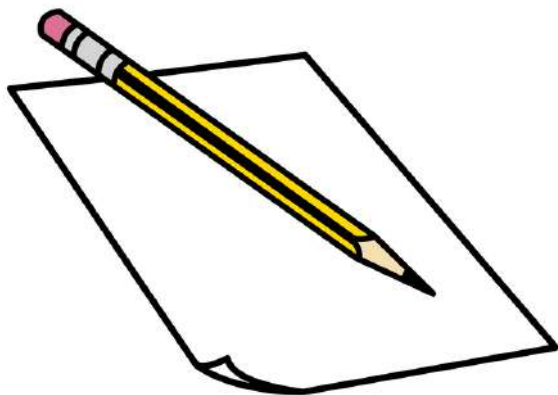


C.S. TERUEL ENSANCHE

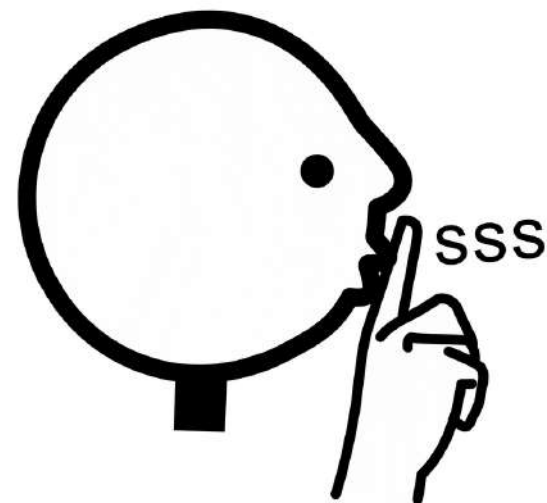
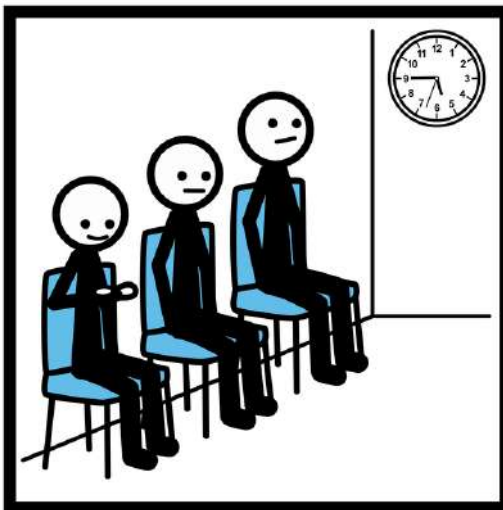
CUADERNO DE COMUNICACIÓN SANITARIO EN ATENCIÓN CONTINUADA DEL C.S. TERUEL ENSANCHE



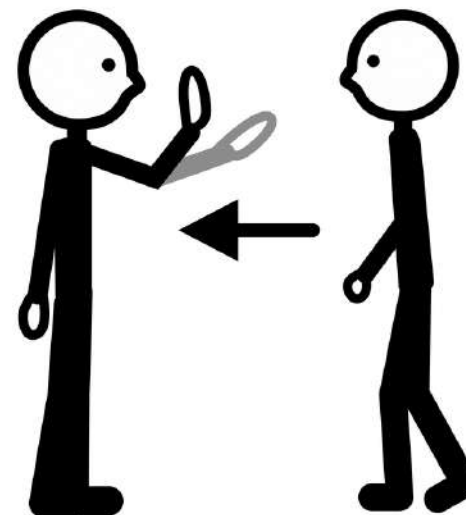
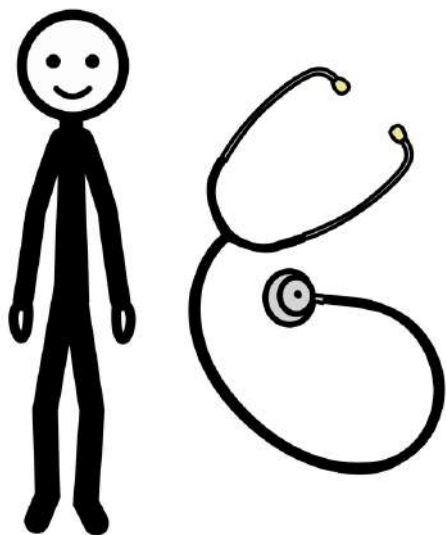
YO VOY AL CENTRO DE SALUD



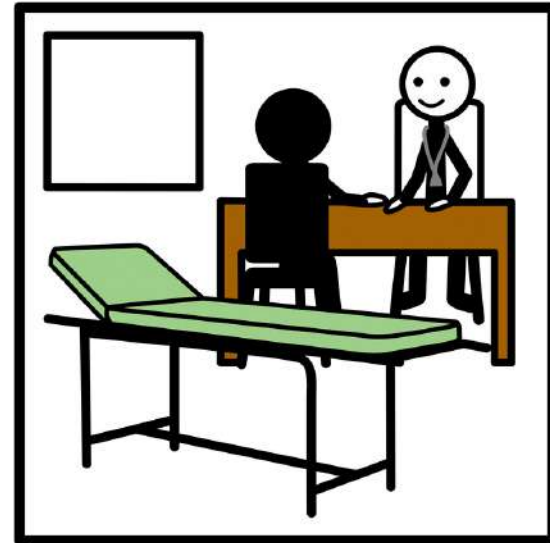
DOY LOS DATOS PERSONALES EN ADMISIÓN



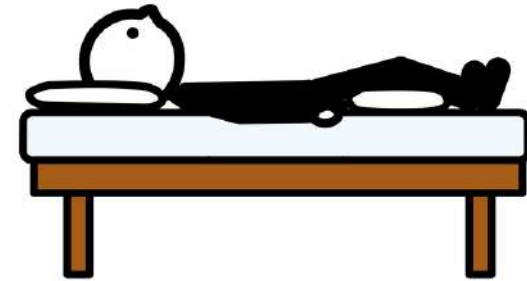
ME SIENTO EN LA SALA DE ESPERA Y GUARDO SILENCIO



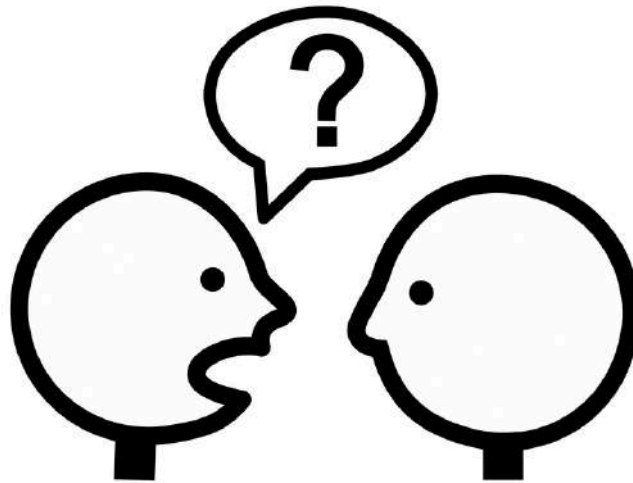
EL/LA MÉDICO/A O EL ENFERMERO/A ME LLAMAN



VOY A LA CONSULTA



ME SIENTO EN LA SILLA Ó ME TUMBO EN LA CAMILLA



ME PREGUNTAN:

1



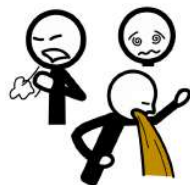
DATOS PERSONALES

2



ANTECEDENTES PERSONALES

3



SIGNOS Y SÍNTOMAS

4

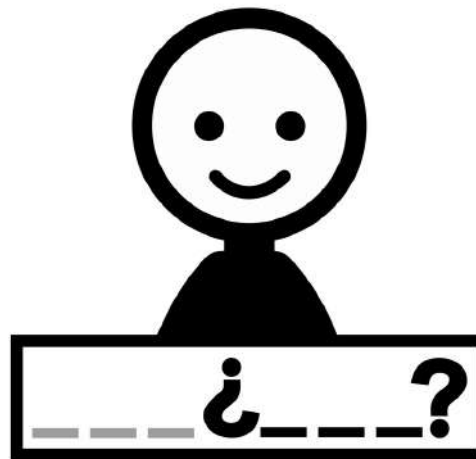


¿DESDE CUÁNDO?

1. DATOS PERSONALES



NOMBRE



APELLIDOS

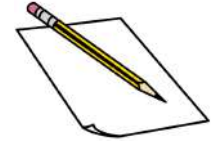


EDAD

1. DATOS PERSONALES



NOMBRE



APELLIDOS



EDAD

0

1

2

3

4

5

6

7

8

9



2. ANTECEDENTES PERSONALES



ENFERMEDADES



ALERGIAS



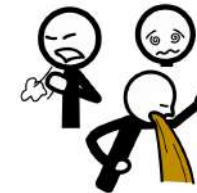
TRATAMIENTOS



3. SIGNOS Y SÍNTOMAS



3.1. SIGNOS Y SÍNTOMAS: GENERALES



ANSIEDAD



ALERGIA



CALOR



CANSANCIO



CONVULSIONES



DESMAYO / SÍNCOPE



DEPRIMIDO



DOLOR



DOLOR MUSCULAR



FIEBRE



FRÍO



HAMBRE



INSOMNIO



MAREO



NERVIOS



SED



SUDOR

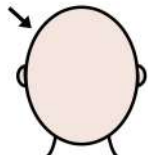


SUEÑO



TEMBLOR

3.2. SIGNOS Y SÍNTOMAS: CABEZA Y CUELLO



CABEZA



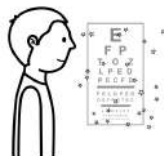
CHICHÓN



DOLOR DE CABEZA



OJOS



CENTELLEOS



EDEMA PALPEBRAL



ESCOTOMA



ESTRABISMO



FOTOFOBIA



OJOS AMARILLOS



OJOS ROJOS



VISIÓN BORROSA



NARIZ



ESTORNUDOS



MOCOS



RINORREA

3.3. SIGNOS Y SÍNTOMAS: CABEZA Y CUELLO



BOCA



DOLOR DE MUELAS



SARRO



OIDO



DOLOR DE OÍDOS



GARGANTA



ANGINAS



ATRAGANTAMIENTO



DOLOR DE GARGANTA

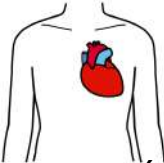
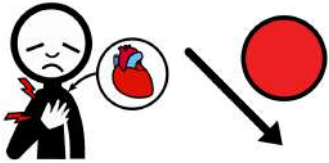
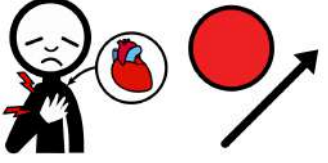
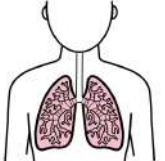


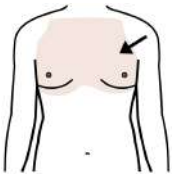
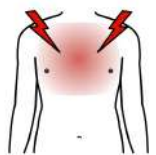

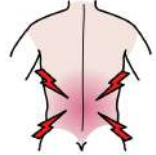


CUELLO



DOLOR DE CUELLO


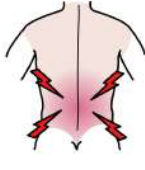

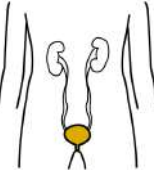

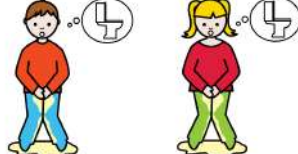



3.4. SIGNOS Y SÍNTOMAS: TÓRAX

 <p>CORAZÓN</p>	 <p>BRAQUICARDIA</p>	 <p>TAQUICARDIA</p>		
 <p>PULMONES</p>	 <p>DISNEA</p>	 <p>TOS</p>		
 <p>PECHO</p>	 <p>DOLOR PECHO</p>			
 <p>ESPALDA</p>	 <p>DOLOR ESPALDA</p>			

3.5. SIGNOS Y SÍNTOMAS: ABDOMEN

 <p>ABDOMEN</p> <p>TRIPA ??????????</p>	 <p>DOLOR ESTÓMAGO</p>	 <p>DIARREA</p>	 <p>ESTREÑIMIENTO</p>	 <p>GASES</p>
	 <p>HIPO</p>	 <p>NAUSEAS</p>	 <p>VÓMITOS</p>	
 <p>OSTOMÍA</p>	 <p>DIARREA</p>	 <p>ESTREÑIMIENTO</p>		
 <p>CORDÓN UMBILICAL</p>	 <p>SUPURACIÓN</p>	 <p>OLOR</p>		

3.6. SIGNOS Y SÍNTOMAS: GENITALES / URINARIO

 <p>RIÑONES</p>	 <p>DOLOR LUMBAR</p>	 <p>DOLOR RENAL</p>		
 <p>VEJIGA</p>	 <p>ESCOZOR</p>	 <p>INCONTINENCIA</p>	 <p>NO HACE PIS</p>	
 <p>SONDA VESICAL</p>	 <p>OBSTRUCCIÓN SINDA</p>			

3.7. SIGNOS Y SÍNTOMAS: GINECOLÓGICAS

				
MAMA	BULTO MAMA	GRIETAS DE PEZÓN	INFLAMACIÓN	SECRECIÓN
				
EMBARAZO	CICATRIZ	CONTRACCIONES	SANGRADO VAGINAL	
				
GENITALES	BULTOS GENITALES	OLOR VAGINAL	SANGRADO	SECRECIÓN

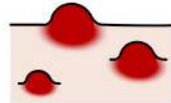
3.8. SIGNOS Y SÍNTOMAS: EXTREMIDADES

 <p>SUPERIOR</p>	 <p>DOLOR DE BRAZO</p>	 <p>DOLOR DE MANO</p>	 <p>EDEMAS MANOS</p>	 <p>HORMIGUEO</p>
 <p>INFERIOR</p>	 <p>DOLOR DE PIERNA</p>	 <p>DOLOR DE PIE</p>	 <p>EDEMAS PIES</p>	
 <p>SUPERIOR INFERIOR</p>	 <p>FRACTURA</p>			

3.9. SIGNOS Y SÍNTOMAS: PIEL Y MUCOSAS



CICATRIZ



FORÚNCULO



GRANOS



HEMATOMA



HERIDA



HERIDA PUNZANTE



ICTERICIA



PICADURA



PICOR



QUEMADURA SOLAR



QUEMADURA TÉRMICA



SARPULLIDO



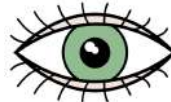
DOLOR:



GENERALIZADO



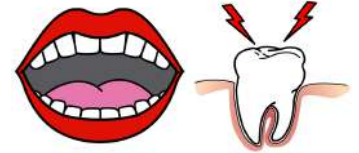
CABEZA



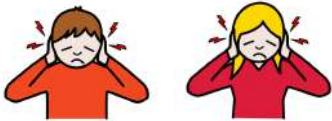
OJOS



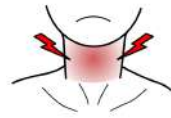
NARIZ



DIENTES



OÍDO



GARGANTA



CUELLO



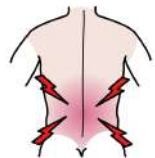
TÓRAX



ABDOMEN



ESPALDA



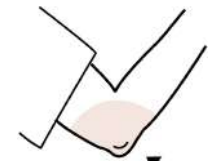
LUMBAR



BRAZO



HOMBRO



CODO



MANO



DEDO



PIERNA



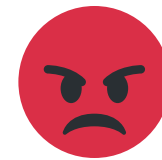
RODILLA



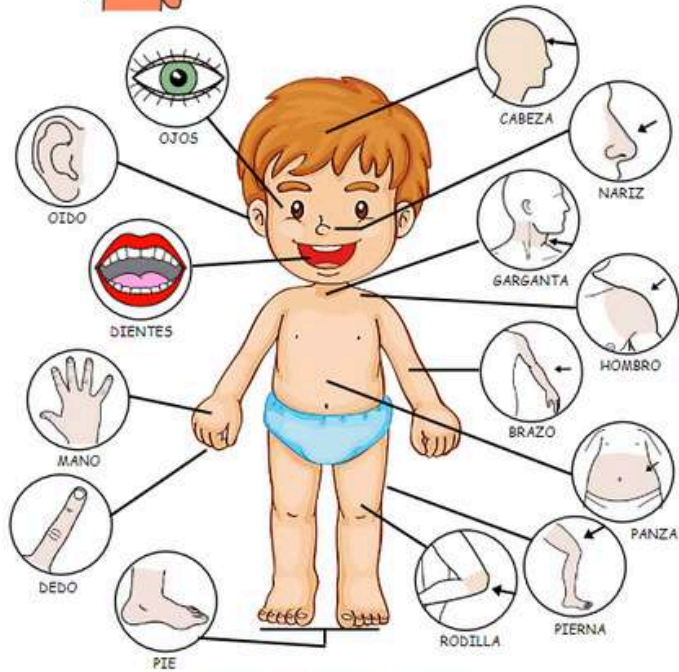
PIE



DOLOR:

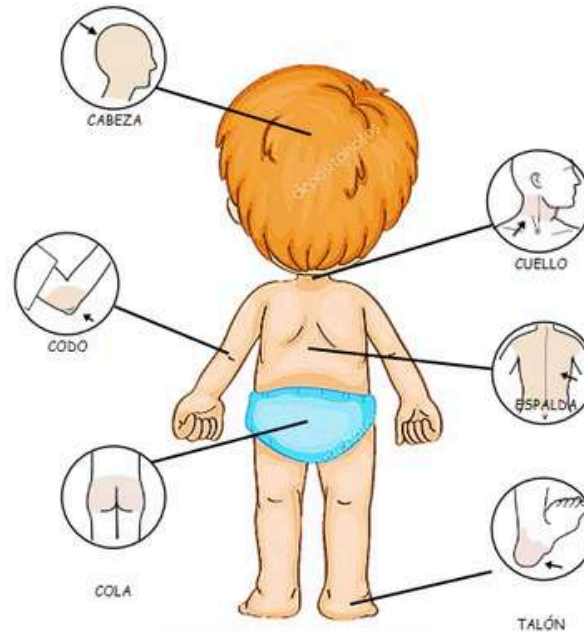


TABLERO DE COMUNICACIÓN PARA DOLORS O MOLESTIAS



Autor pictogramas: Sergio Palao -Procedencia: <https://arasac.org> - Licencia: Creative Commons BY-NC-SA
Autore: Maria Melina Argañaras

TABLERO DE COMUNICACIÓN PARA DOLORS O MOLESTIAS



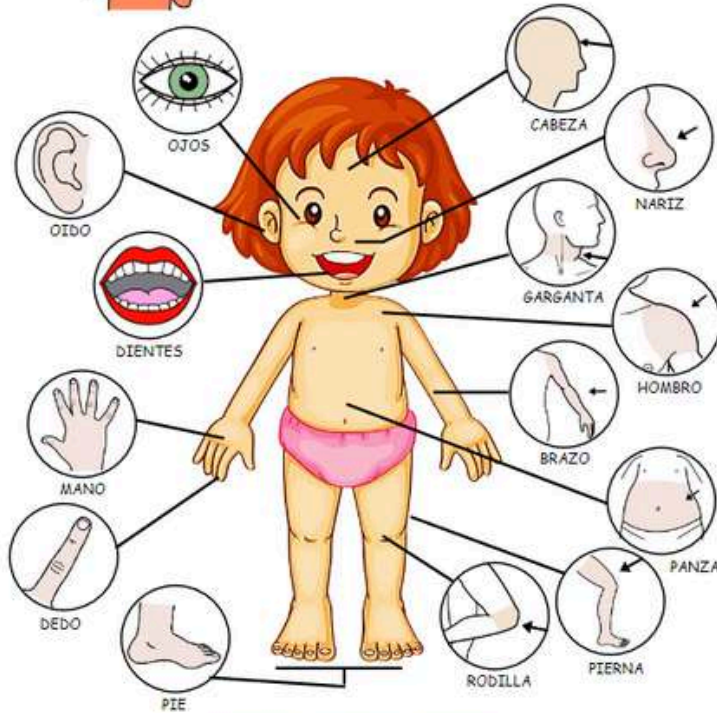
Autor pictogramas: Sergio Palao -Procedencia: <https://arasac.org> - Licencia: Creative Commons BY-NC-SA
Autore: Maria Melina Argañaras



DOLOR:

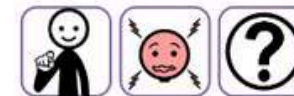
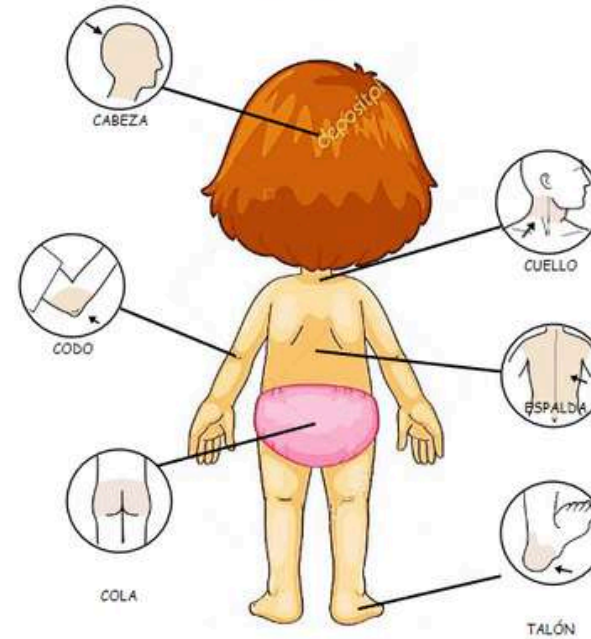


TABLERO DE COMUNICACIÓN PARA DOLORES O MOLESTIAS



Autor pictogramas: Sergio Palao - Procedencia: <https://arasasac.org> - Licencia: Creative Commons BY-NC-SA
Autora: María Melina Argañaraz

TABLERO DE COMUNICACIÓN PARA DOLORES O MOLESTIAS



Autor pictogramas: Sergio Palao - Procedencia: <https://arasasac.org> - Licencia: Creative Commons BY-NC-SA
Autora: María Melina Argañaraz



DOLOR:



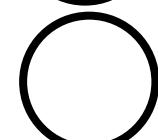
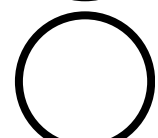
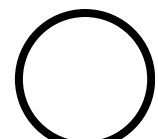
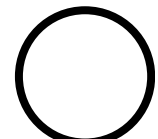
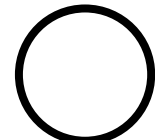
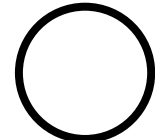
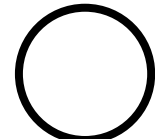
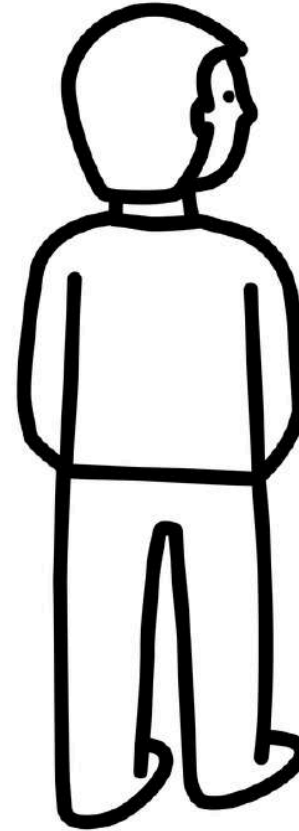
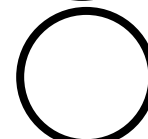
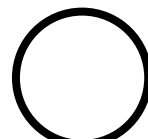
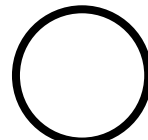
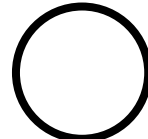
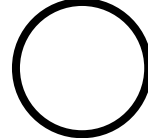
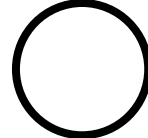
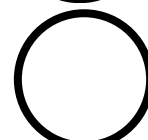
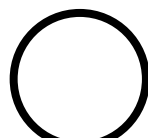
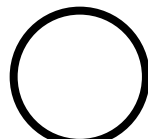
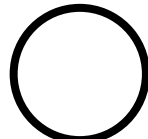
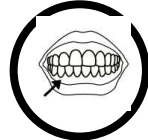
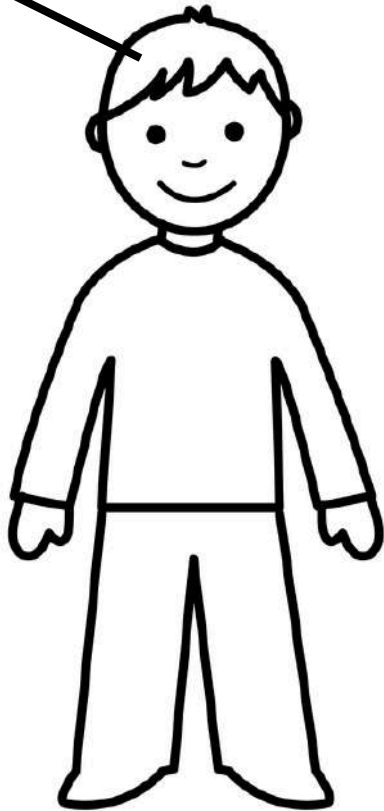
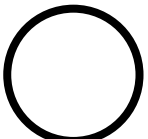
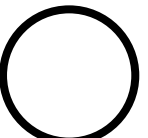
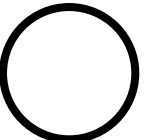
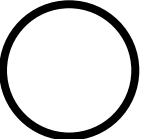
CABEZA



OJO

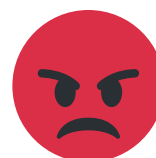


OIDO





DOLOR:



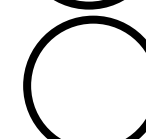
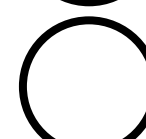
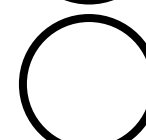
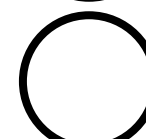
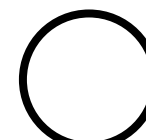
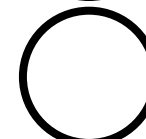
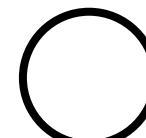
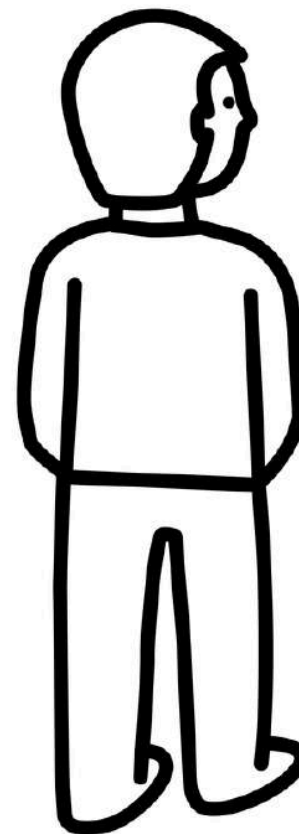
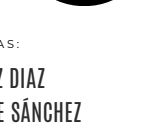
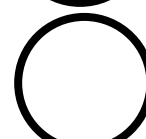
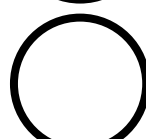
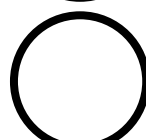
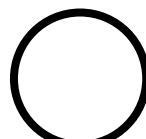
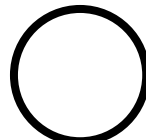
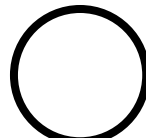
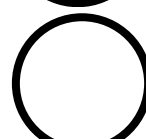
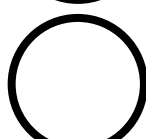
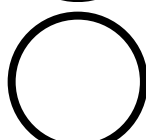
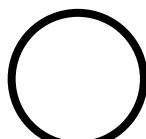
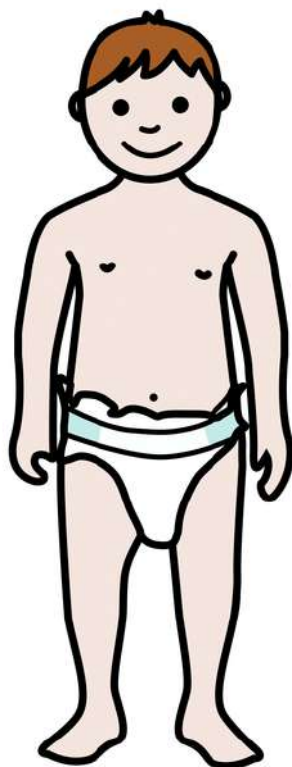
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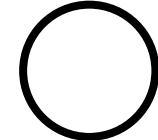
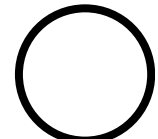
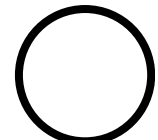
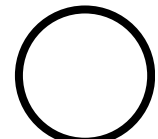
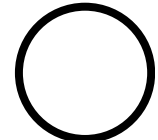
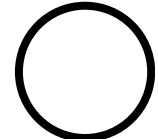
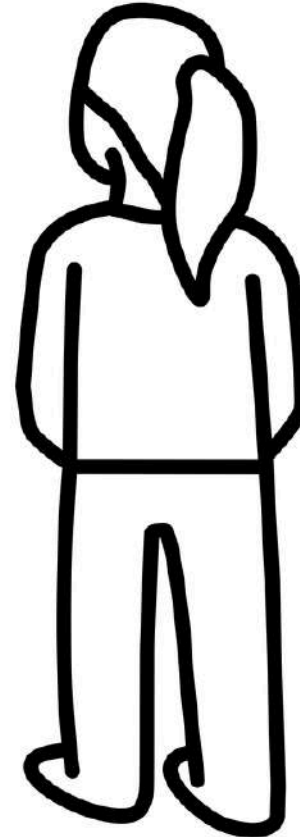
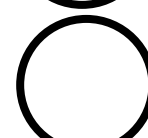
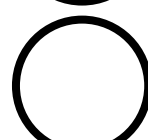
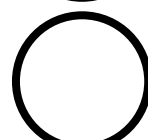
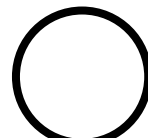
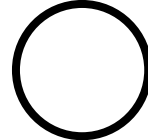
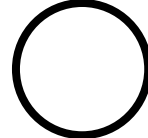
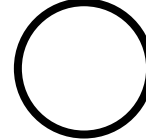
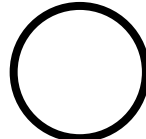
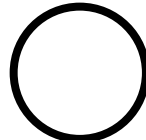
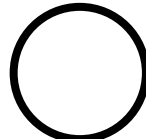
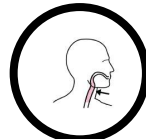
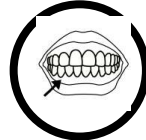
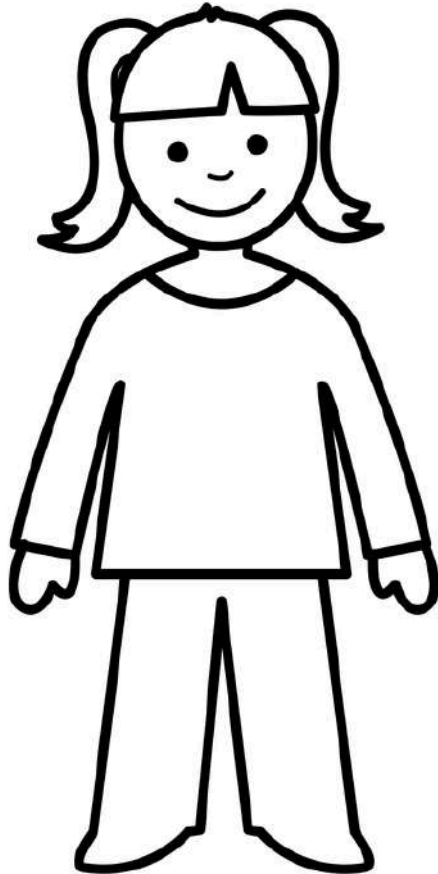
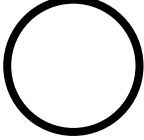
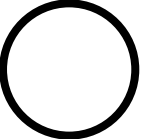
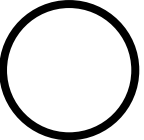
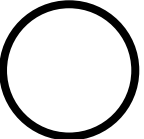


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DOLOR:



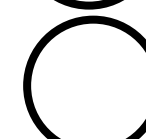
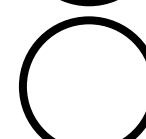
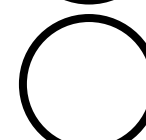
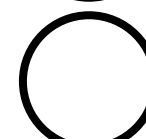
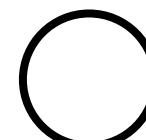
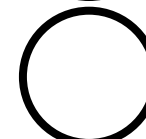
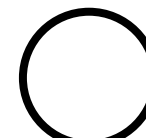
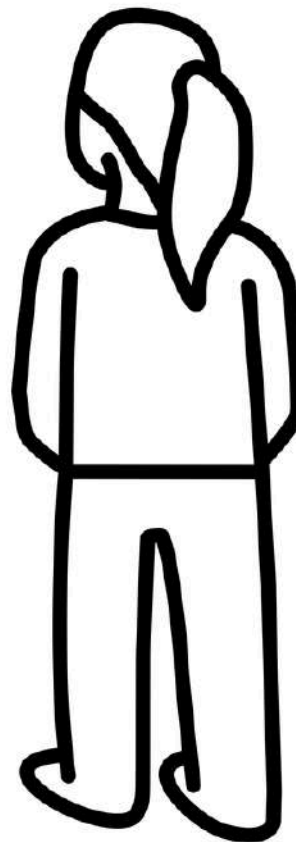
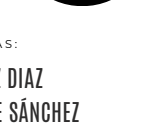
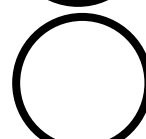
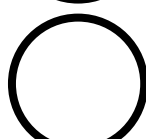
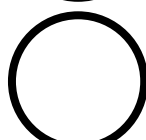
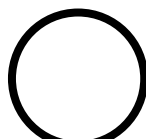
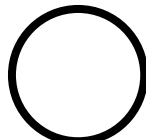
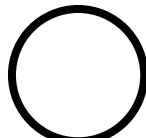
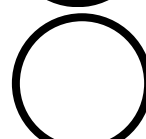
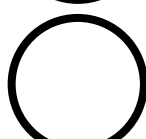
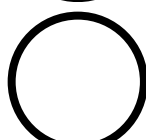
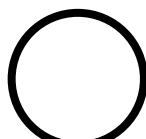
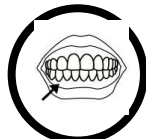
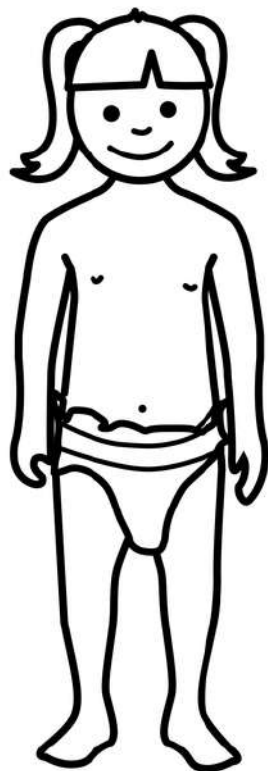
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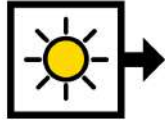
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4. ¿DESDE CUÁNDO TENGO LOS SÍNTOMAS?

MOMENTO
DEL DÍA



POR LA MAÑANA



A MEDIODÍA



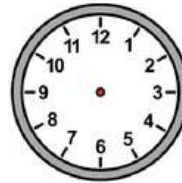
POR LA TARDE



POR LA NOCHE

HORA
MINUTOS

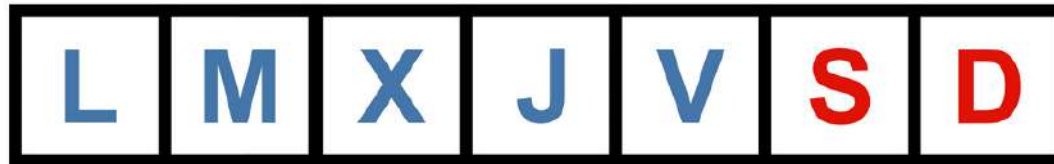
SEÑALA LAS HORA



SEÑALA LOS
MINUTOS



DÍA DE LA
SEMANA

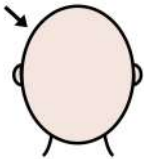


DÍA DEL
MES

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



5. EXPLORACIÓN Y TÉCNICAS



CABEZA



EXAMEN OJOS



EXAMEN BOCA Y GARGANTA



EXAMEN DIENTES



EXAMEN OIDOS



AUSCULTAR



TRONCO



EXPLORACIÓN MAMARIA



EXPLORACIÓN ABODMINAL



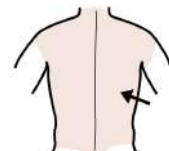
EXPLORACIÓN GENITAL



EXPLORACIÓN GINECOLÓGICA



EXPLORACIÓN CERVICAL



EXPLORACIÓN DORSAL



EXPLORACIÓN LUMBAR



EXPLORACIÓN GLUTEA



5. EXPLORACIÓN Y TÉCNICAS



EXTREMIDADES



REFLEJOS



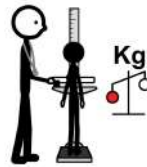
REFLEJOS



GENERALES




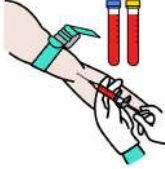





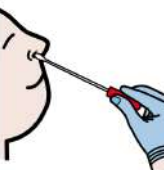




MEDIR

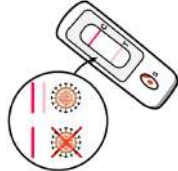


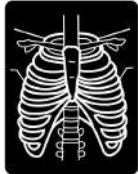


PESAR





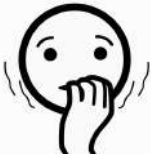


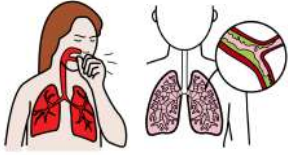




6. PRUEBAS DIAGNÓSTICAS

TOMA DE CONSTANTES	 <p>PULSIOXIMETRÍA</p>	 <p>TEMPERATURA</p>	 <p>TENSIÓN ARTERIAL</p>	
ANÁLISIS	 <p>ANÁLISIS DE SANGRE</p>	 <p>ANÁLISIS DE HECES</p>	 <p>ANÁLISIS DE ORINA</p>	
	 <p>GLUCEMIA</p>	 <p>INR</p>		
FROTIS	 <p>FARÍNGEO</p>	 <p>NASAL</p>	 <p>UNGUEAL</p>	 <p>VAGINAL</p>

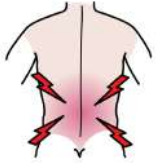





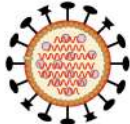
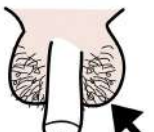





6. PRUEBAS DIAGNÓSTICAS

TEST	 TEST RÁPIDO			
PRUEBAS	 ECOGRAFIA	 ELECTROCARDIOGRAMA	 RADIOGRAFIA	

7. DIAGNÓSTICOS

A	 <p>ACNÉ</p>	 <p>ACV</p>	 <p>ALERGIA</p>	 <p>ANGINAS</p>
	 <p>ANSIEDAD</p>	 <p>APENDICITIS</p>	 <p>ASMA</p>	
B	 <p>BRONQUITIS</p>			
C	 <p>CARIES</p>	 <p>CEFALEA</p>	 <p>COLICO RENAL</p>	 <p>CONJUNTIVITIS</p>

7. DIAGNÓSTICOS

C	 CONTRACTURA			
D	 DEPRESION	 DIABETES	 DIARREA	 DESPRENDIMIENTO DE RETINA
E	 ENFERMEDAD BACTERIANA	 ENFERMEDAD VÍRICA	 EPIDIMITIS	 EPILEPSIA
	 EPISTAXIS	 ESCOLIOSIS	 ESGUINCE	 ESTREÑIMIENTO

7. DIAGNÓSTICOS

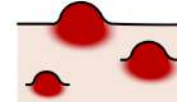
F



FARINGITIS



FISURA



FORÚNCULO



FRACTURA

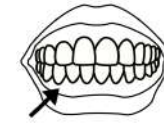
G



GASTRITIS



GASTROENTERITIS



GINGIVITIS



GRIPE

H



HTA

I



IAM



ICTERICIA



INSOMNIO



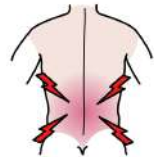
ITU

7. DIAGNÓSTICOS

J

K

L



LUMBALGIA

M



MASTITIS



MIGRAÑA

7. DIAGNÓSTICOS

N



NEUMONÍA

O



ONFALITIS



OTITIS

P



PICADURA



PIELONEFRITIS

Q

7. DIAGNÓSTICOS

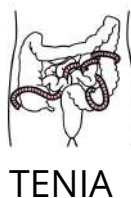
R



S



T



U

7. DIAGNÓSTICOS

U

V

X

Y/Z



VARICELA



VÓMITOS

8. TRATAMIENTO:

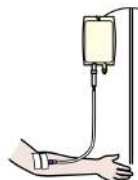
A	 ASPIRAR SECRECC IONES			
B				
C	 CABESTRILLO	 CÁMARA	 CAPSULAS	 COLLARIN CERVIAL
	 COMPRIMIDOS	 CREMA	 CREMA OFTÁLMICA	 CURAR

8. TRATAMIENTO:

D	 DIETA SALUDABLE	 DIETA SIN GLUTEN	 DIETA SIN LACTOSA	
E	 ENEMA			
F	 FÁRMACOS	 FÉRULA		
G	 GOTAS NAALES	 GOTAS OFTÁLMICAS	 GOTAS ORALES	 GOTAS OTICAS

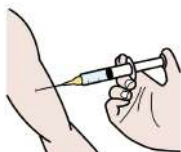
8. TRATAMIENTO:

G



GOTERO

I



INYECCIÓN BRAZO



INYECCIÓN
GLUTEO



INHALADOR








J



JARABE

K

8. TRATAMIENTO:

L	 LENTILLAS - NO			
M	 MEDICACIÓN			
N	 NEBULIZACIÓN			
O	 OCULAR - LAVADO	 OCULAR - PARCHÉ	 OCULAR - TINCIÓN	 OXIGENO

8. TRATAMIENTO:

O	 OVULOS			
	 OXIGENO	 OXIGENO GAFAS NASALES	 OXIGENO MASCARILLA VENTURI	 OXIGENO MASCARILLA RESERVORIO
P	 POMADA			
Q				

8. TRATAMIENTO:

R



SOBRES



SUPOSITORIO

S



SUTURA
ADHESIVO TISULAR



SUTURA
GRAPAS



SUTURA
SEDA



SUTURA
TIRAS DE
APROXIMACIÓN



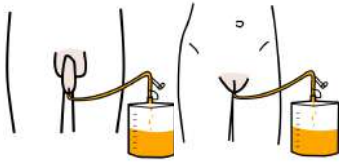



SUTURA
RETIRAR GRAPAS



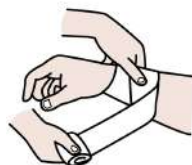
SUTURA
RETIRAR PUNTOS

8. TRATAMIENTO:

S	 SONDA NASOGASTIRICA	 SONDA RECTAL	 SONDA VESICAL	
T	 TAPÓN NASAL			
U				
V				

8. TRATAMIENTO:

V



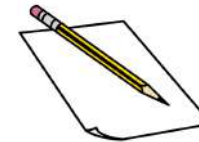
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Y

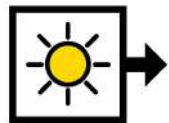
Z



MEDICAMENTO



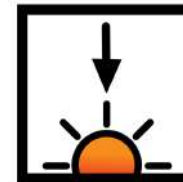
¿CÚANDO?



POR LA MAÑANA



A MEDIO DÍA



POR LA TARDE



POR LA NOCHE



¿CUANDO?



DESAYUNO



COMIDA



MERIENDA



CENA



DOSIS



TIEMPO

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



L M X J V S D

¿CUÁNTOS DÍAS?

DESTINO



CASA






FARMACIA






HOSPITAL



HOSPITAL CON AMBULANCIA

AUTORAS:



TANIA DIAZ DIAZ



PILAR LAFUENTE SÁNCHEZ