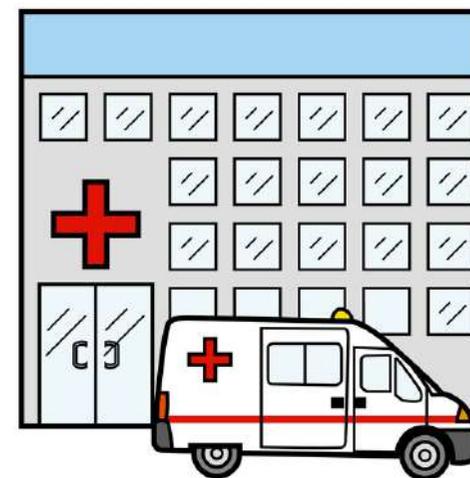
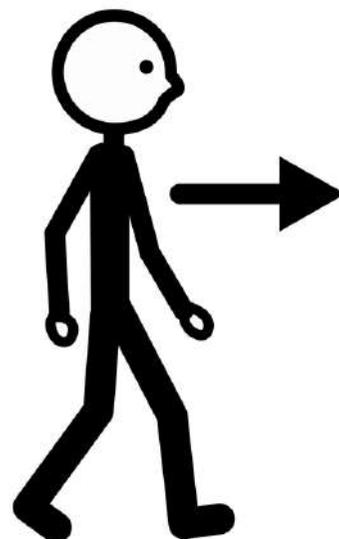
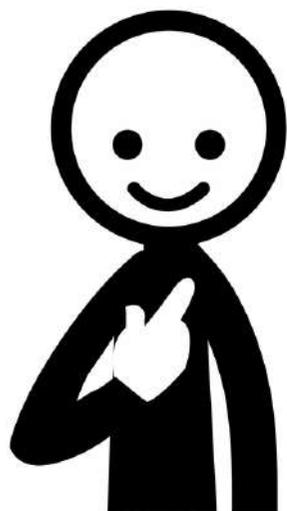
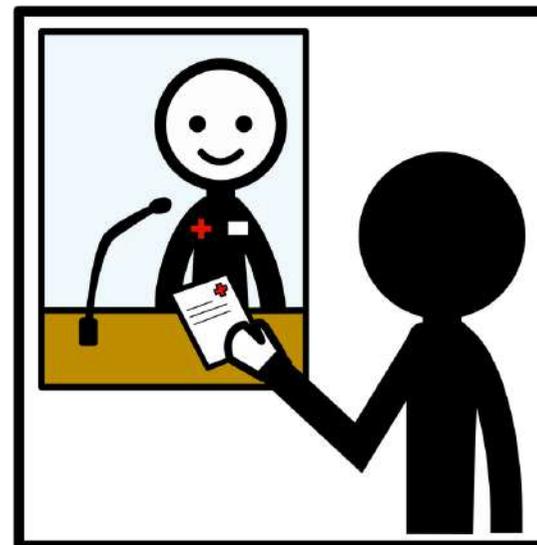
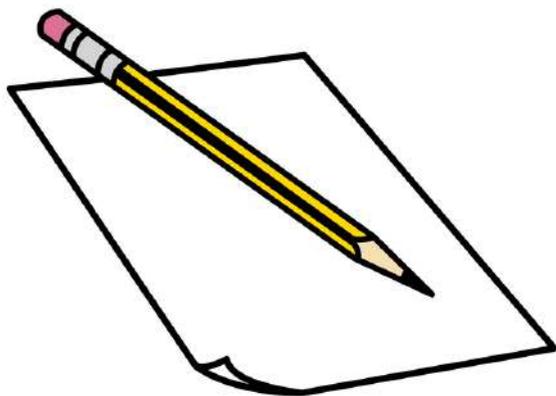




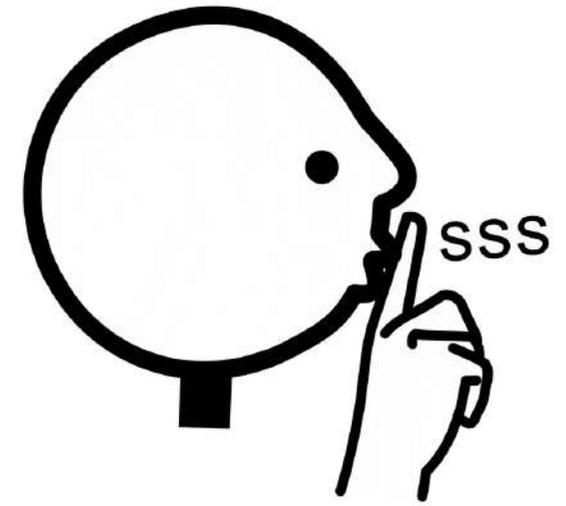
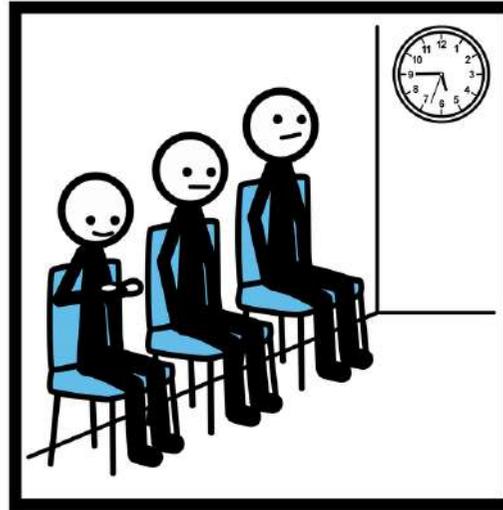
CUADERNO DE COMUNICACIÓN SANITARIO EN ATENCIÓN CONTINUADA DEL C.S. TERUEL ENSANCHE



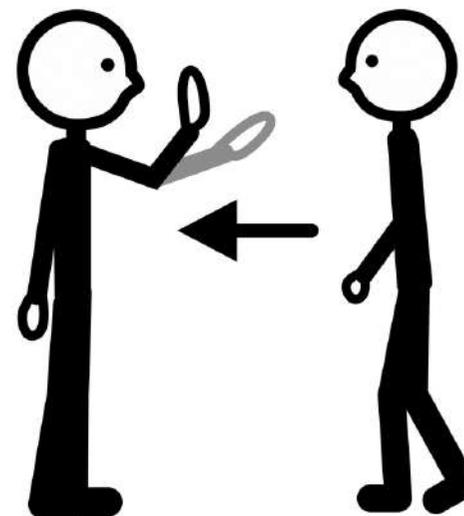
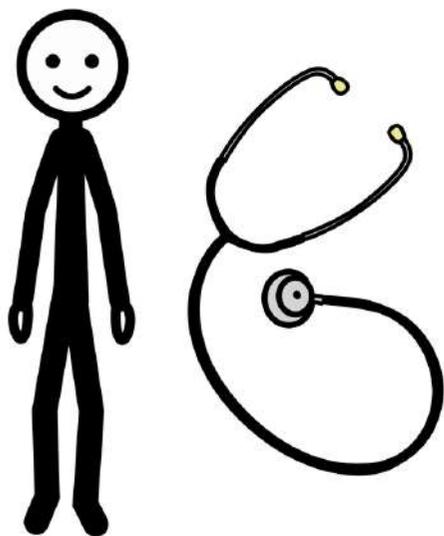
YO VOY AL CENTRO DE SALUD



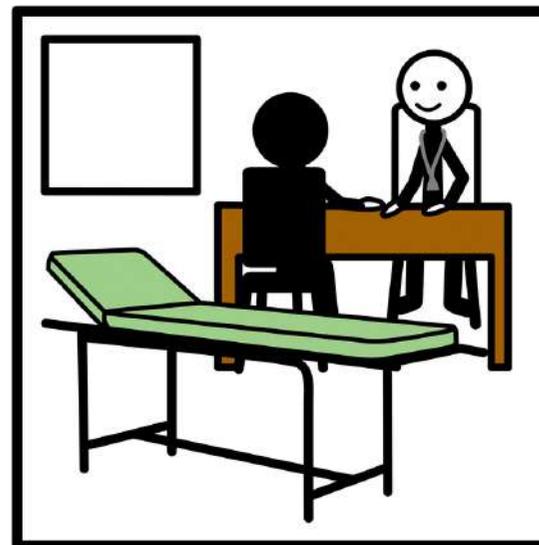
DOY LOS DATOS PERSONALES EN ADMISIÓN



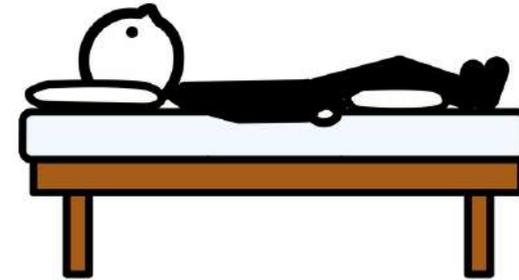
ME SIENTO EN LA SALA DE ESPERA Y GUARDO SILENCIO



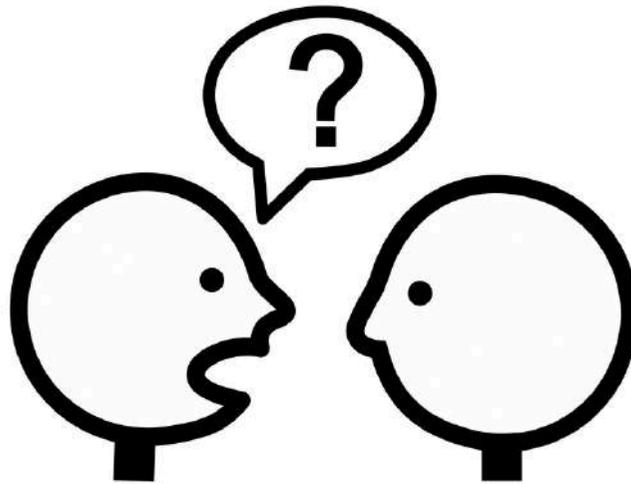
EL/LA MÉDICO/A O EL ENFERMERO/A ME LLAMAN



VOY A LA CONSULTA



ME SIENTO EN LA SILLA Ó ME TUMBO EN LA CAMILLA



ME PREGUNTAN:

1



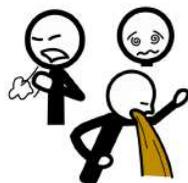
DATOS PERSONALES

2



ANTECEDENTES PERSONALES

3



SIGNOS Y SÍNTOMAS

4



¿DESDE CUÁNDO?

1. DATOS PERSONALES



NOMBRE



APELLIDOS

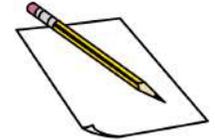


EDAD

1. DATOS PERSONALES



NOMBRE



APELLIDOS



EDAD

0

1

2

3

4

5

6

7

8

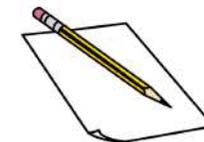
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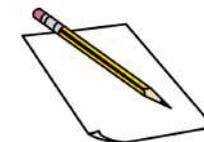
2. ANTECEDENTES PERSONALES



ENFERMEDADES



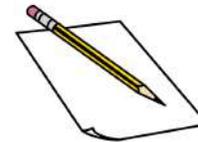
ALERGIAS



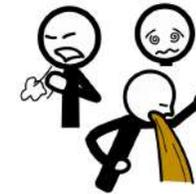
TRATAMIENTOS



3. SIGNOS Y SÍNTOMAS



3.1. SIGNOS Y SÍNTOMAS: GENERALES



ANSIEDAD



ALERGIA



CALOR



CANSANCIO



CONVULSIONES



DESMAYO / SÍNCOPE



DEPRIMIDO



DOLOR



DOLOR MUSCULAR



FIEBRE



FRÍO



HAMBRE



INSOMNIO



MAREO



NERVIOS



SED



SUDOR

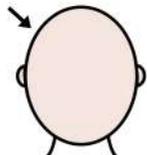


SUEÑO

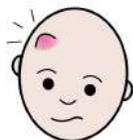


TEMBLOR

3.2. SIGNOS Y SÍNTOMAS: CABEZA Y CUELLO



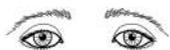
CABEZA



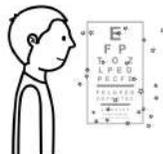
CHICHÓN



DOLOR DE CABEZA



OJOS



CENTELLEOS



EDEMA PALPEBRAL



ESCOTOMA



ESTRABISMO



FOTOFOBIA



OJOS AMARILLOS



OJOS ROJOS



VISIÓN BORROSA



NARIZ



ESTORNUDOS



MOCOS



RINORREA

3.3. SIGNOS Y SÍNTOMAS: CABEZA Y CUELLO



BOCA



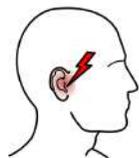
DOLOR DE MUELAS



SARRO



OIDO



DOLOR DE OÍDOS



GARGANTA



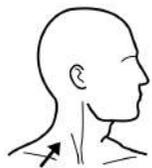
ANGINAS



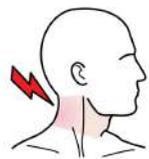
ATRAGANTAMIENTO



DOLOR DE GARGANTA

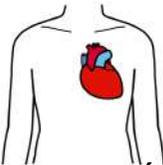
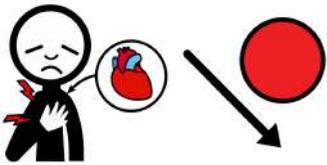
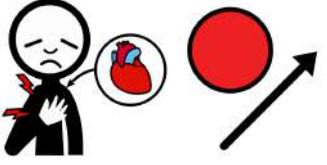
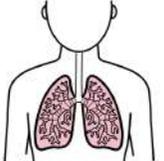
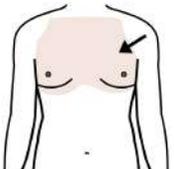
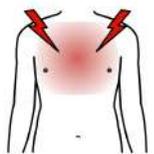
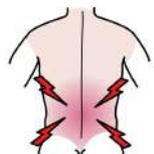


CUELLO

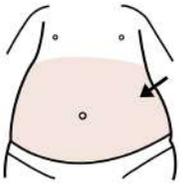
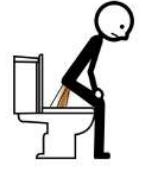
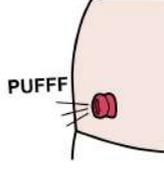
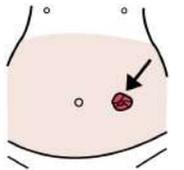
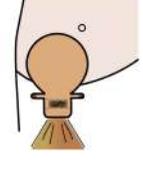
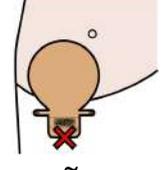


DOLOR DE CUELLO

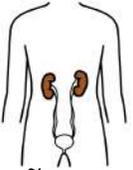
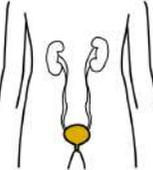
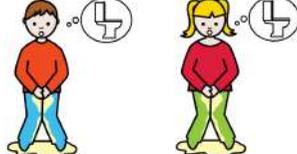
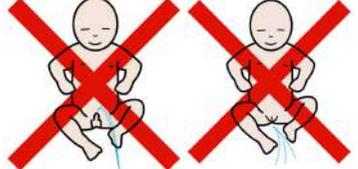
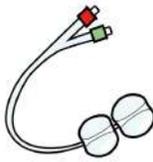
3.4. SIGNOS Y SÍNTOMAS: TÓRAX

 <p>CORAZÓN</p>	 <p>BRAQUICARDIA</p>	 <p>TAQUICARDIA</p>		
 <p>PULMONES</p>	 <p>DISNEA</p>	 <p>TOS</p>		
 <p>PECHO</p>	 <p>DOLOR PECHO</p>			
 <p>ESPALDA</p>	 <p>DOLOR ESPALDA</p>			

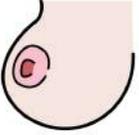
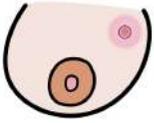
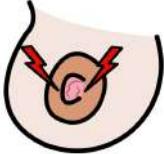
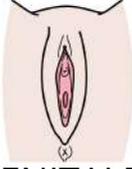
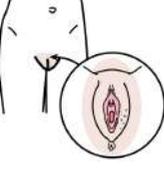
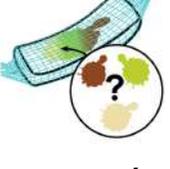
3.5. SIGNOS Y SÍNTOMAS: ABDOMEN

 <p>ABDOMEN</p> <p>TRIPA ??????????</p>	 <p>DOLOR ESTÓMAGO</p>	 <p>DIARREA</p>	 <p>ESTREÑIMIENTO</p>	 <p>GASES</p>
	 <p>HIPO</p>	 <p>NAUSEAS</p>	 <p>VÓMITOS</p>	
 <p>OSTOMÍA</p>	 <p>DIARREA</p>	 <p>ESTREÑIMIENTO</p>		
 <p>CORDÓN UMBILICAL</p>	 <p>SUPURACIÓN</p>	 <p>OLOR</p>		

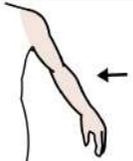
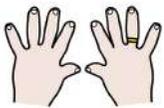
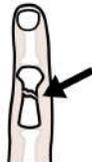
3.6. SIGNOS Y SÍNTOMAS: GENITALES / URINARIO

 <p>RIÑONES</p>	 <p>DOLOR LUMBAR</p>	 <p>DOLOR RENAL</p>		
 <p>VEJIGA</p>	 <p>ESCOZOR</p>	 <p>INCONTINENCIA</p>	 <p>NO HACE PIS</p>	
 <p>SONDA VESICAL</p>	 <p>OBSTRUCCIÓN SINDA</p>			

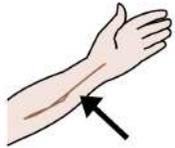
3.7. SIGNOS Y SÍNTOMAS: GINECOLÓGICAS

				
MAMA	BULTO MAMA	GRIETAS DE PEZÓN	INFLAMACIÓN	SECRECIÓN
				
EMBARAZO	CICATRIZ	CONTRACCIONES	SANGRADO VAGINAL	
				
GENITALES	BULTOS GENITALES	OLOR VAGINAL	SANGRADO	SECRECIÓN

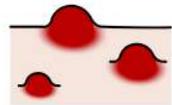
3.8. SIGNOS Y SÍNTOMAS: EXTREMIDADES

 <p>SUPERIOR</p>	 <p>DOLOR DE BRAZO</p>	 <p>DOLOR DE MANO</p>	 <p>EDEMAS MANOS</p>	 <p>HORMIGUEO</p>
 <p>INFERIOR</p>	 <p>DOLOR DE PIERNA</p>	 <p>DOLOR DE PIE</p>	 <p>EDEMAS PIES</p>	
 <p>SUPERIOR INFERIOR</p>	 <p>FRACTURA</p>			

3.9. SIGNOS Y SÍNTOMAS: PIEL Y MUCOSAS



CICATRIZ



FORÚNCULO



GRANOS



HEMATOMA



HERIDA



HERIDA PUNZANTE



ICTERICIA



PICADURA



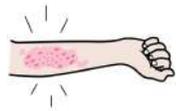
PICOR



QUEMADURA SOLAR



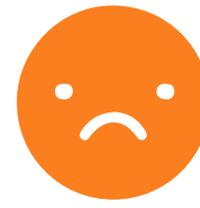
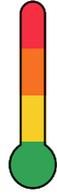
QUEMADURA TÉRMICA



SARPULLIDO



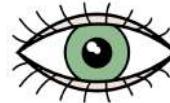
DOLOR:



GENERALIZADO



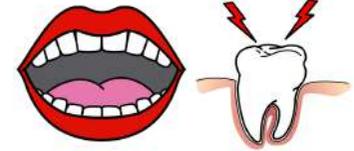
CABEZA



OJOS



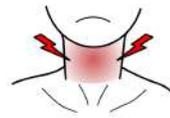
NARIZ



DIENTES



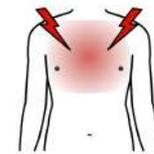
OÍDO



GARGANTA



CUELLO



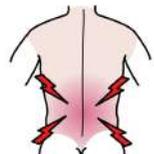
TÓRAX



ABDOMEN



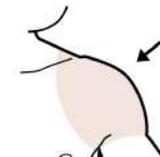
ESPALDA



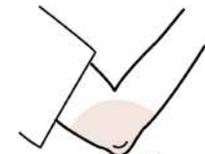
LUMBAR



BRAZO



HOMBRO



CODO



MANO



DEDO



PIERNA



RODILLA



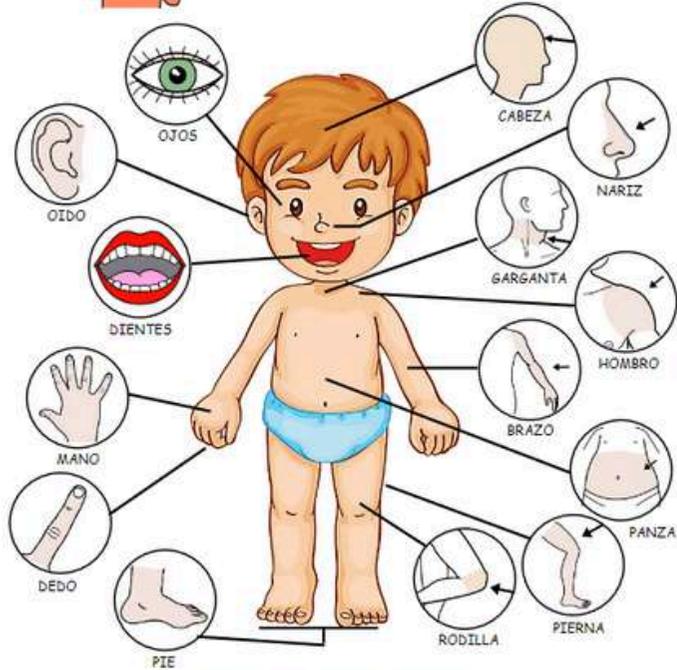
PIE



DOLOR:

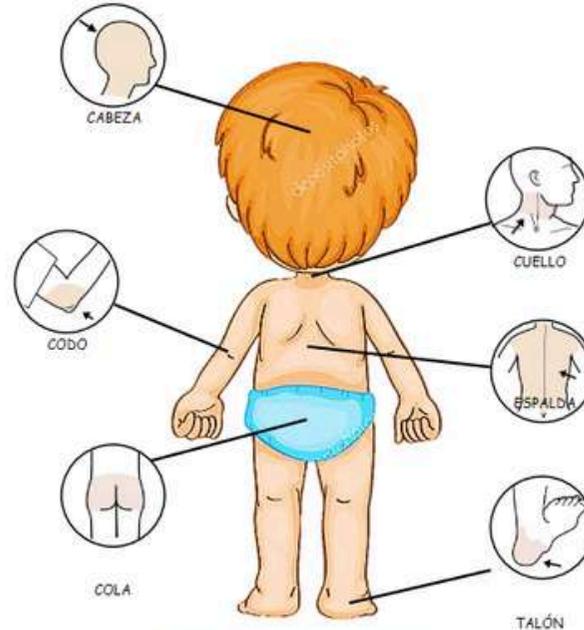


TABLERO DE COMUNICACIÓN PARA DOLORS O MOLESTIAS



Autor pictogramas: Sergio Palao -Procedencia: <https://arasac.org> - Licencia: Creative Commons BY-NC-SA
Autore: Maria Melina Argañaras

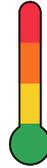
TABLERO DE COMUNICACIÓN PARA DOLORS O MOLESTIAS



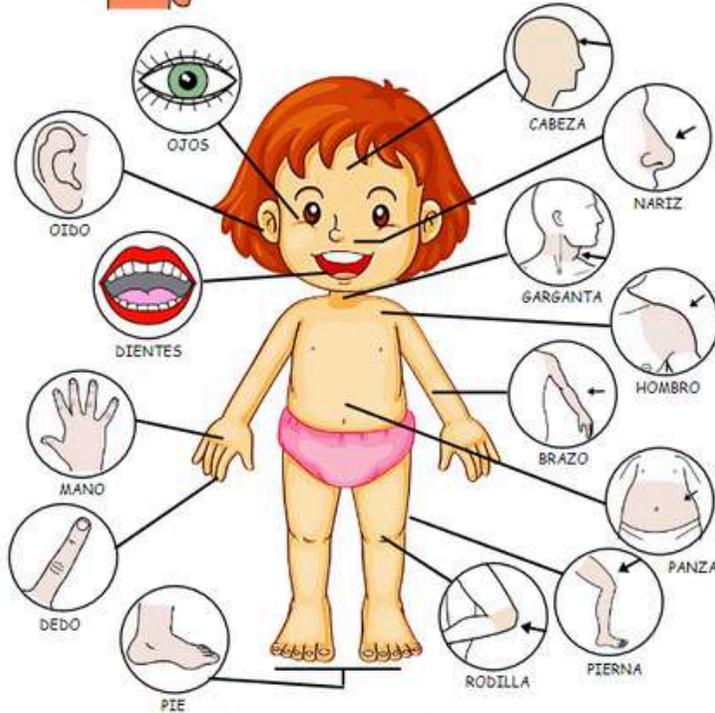
Autor pictogramas: Sergio Palao -Procedencia: <https://arasac.org> - Licencia: Creative Commons BY-NC-SA
Autore: Maria Melina Argañaras



DOLOR:

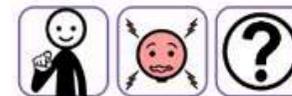
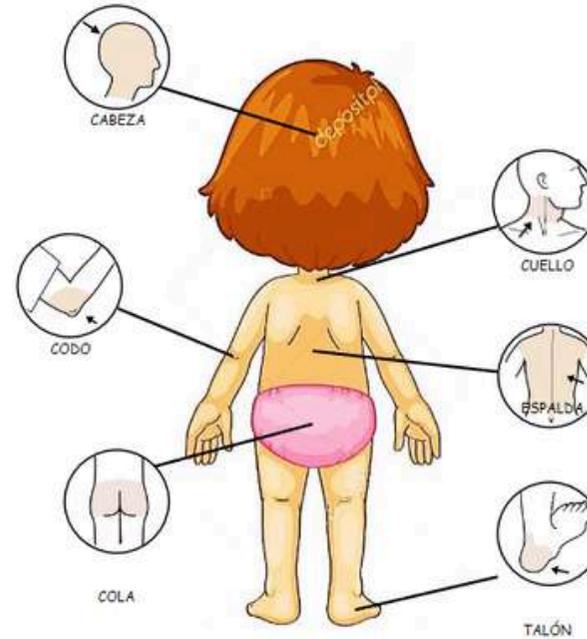


TABLERO DE COMUNICACIÓN
PARA DOLORES O MOLESTIAS



Autor pictogramas: Sergio Palao - Procedencia: <https://arasaac.org> - Licencia: Creative Commons BY-NC-SA
Autora: Maria Melina Argañaraz

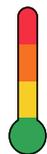
TABLERO DE COMUNICACIÓN
PARA DOLORES O MOLESTIAS



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Autora: Maria Melina Argañaraz



DOLOR:



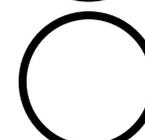
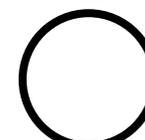
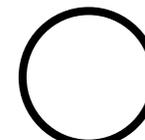
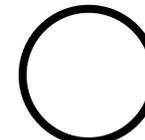
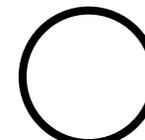
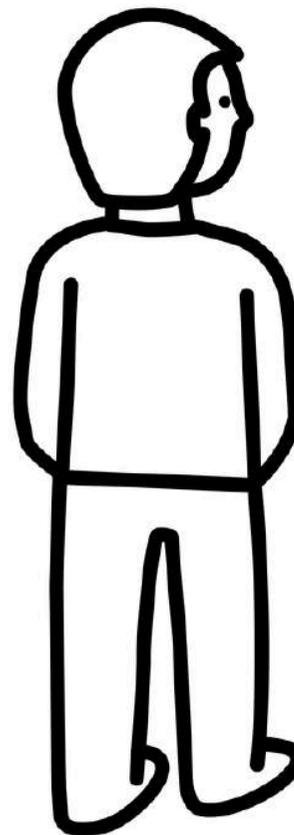
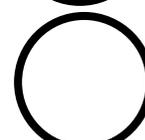
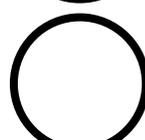
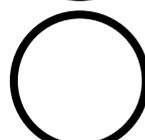
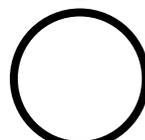
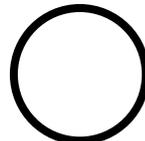
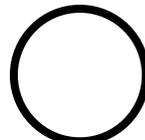
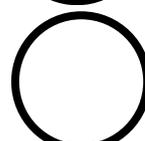
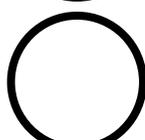
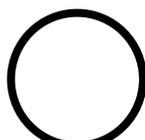
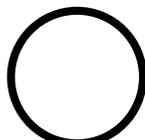
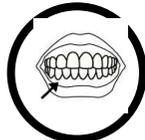
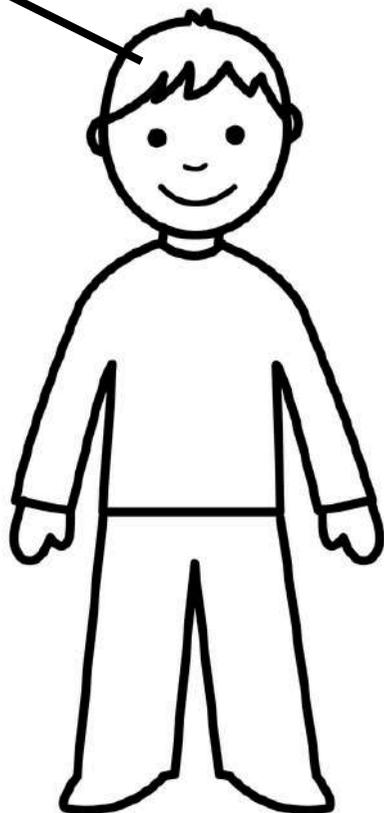
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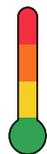


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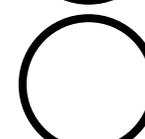
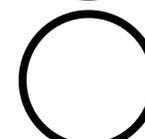
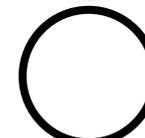
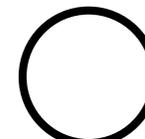
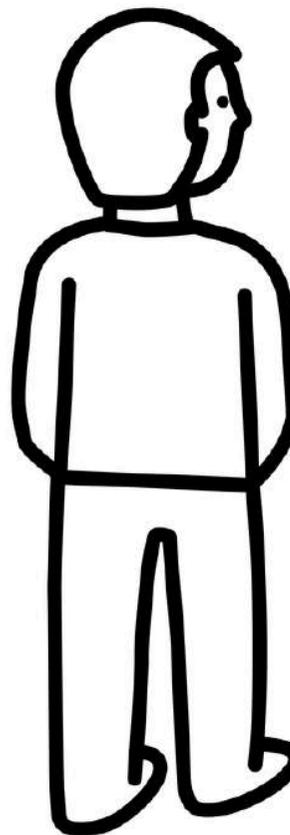
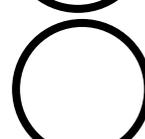
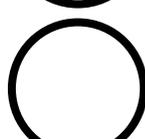
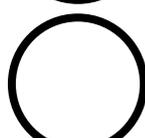
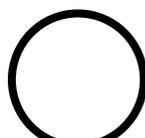
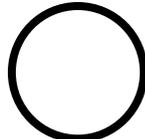
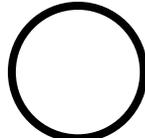
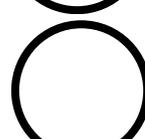
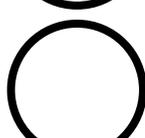
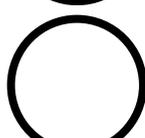
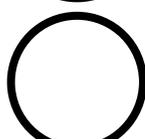
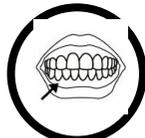
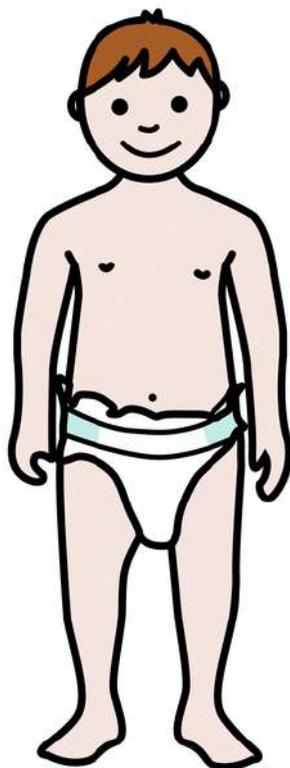
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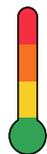


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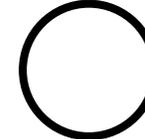
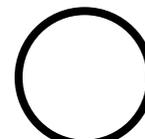
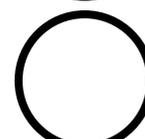
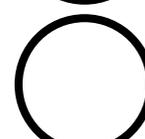
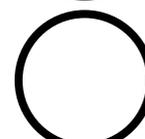
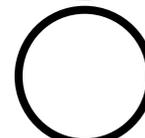
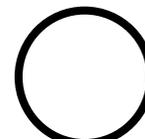
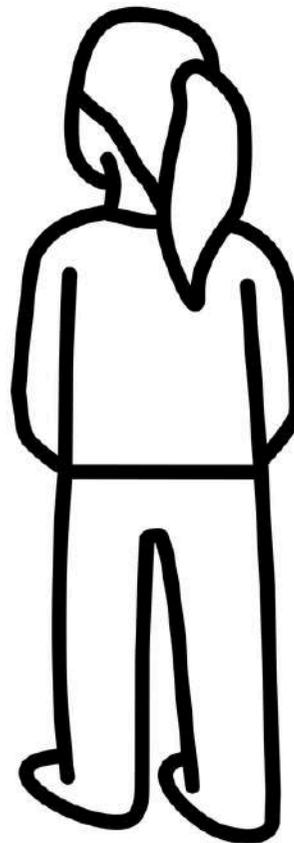
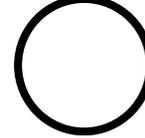
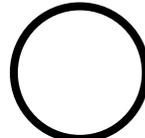
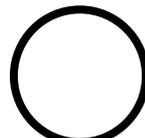
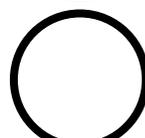
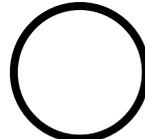
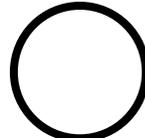
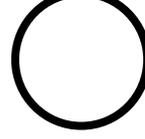
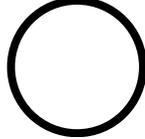
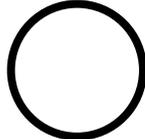
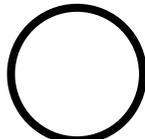
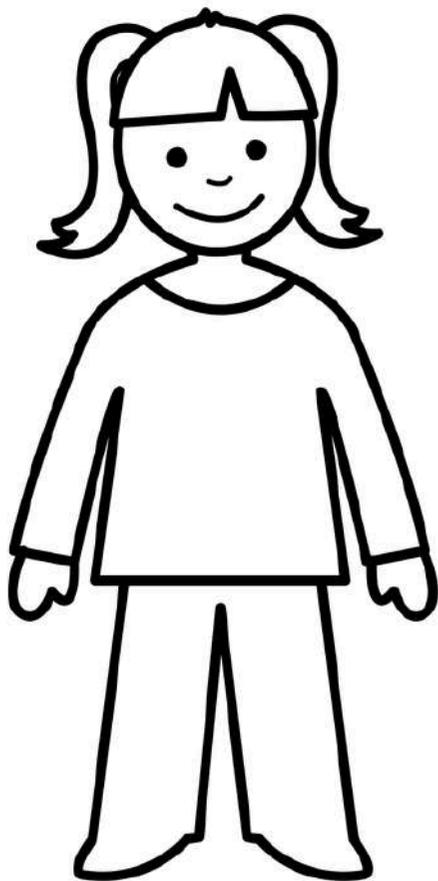
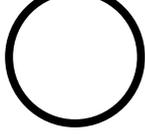
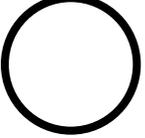
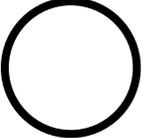
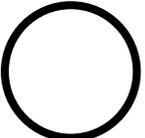
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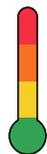


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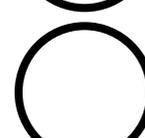
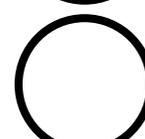
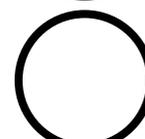
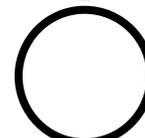
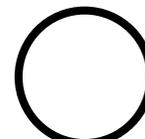
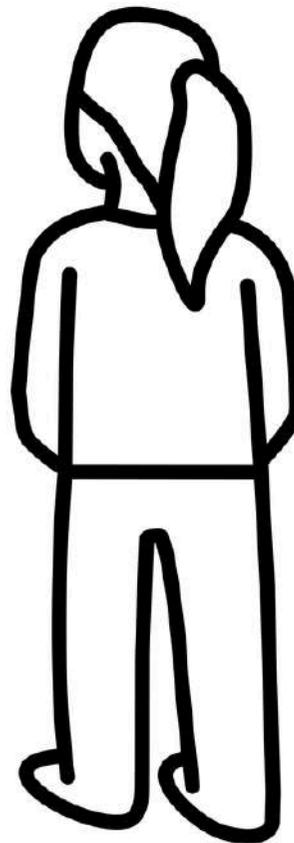
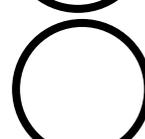
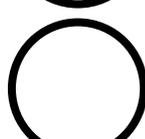
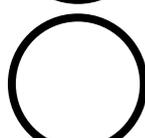
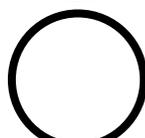
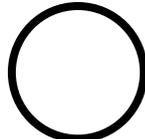
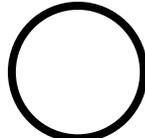
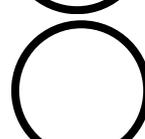
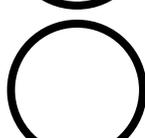
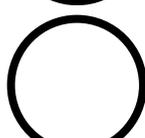
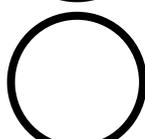
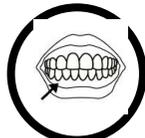
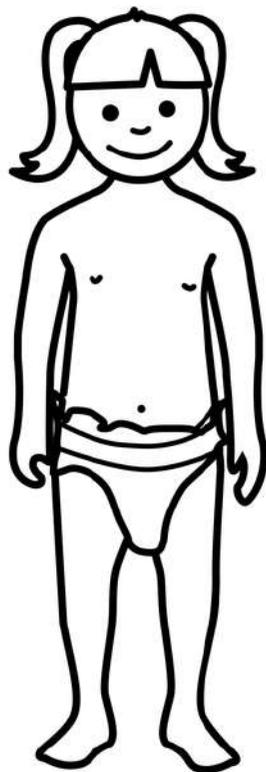
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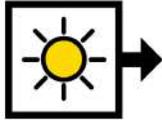
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4. ¿DESDE CUÁNDO TENGO LOS SÍNTOMAS?

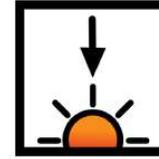
MOMENTO
DEL DÍA



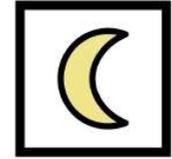
POR LA MAÑANA



A MEDIODÍA



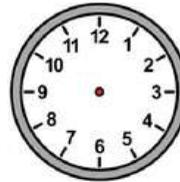
POR LA TARDE



POR LA NOCHE

HORA
MINUTOS

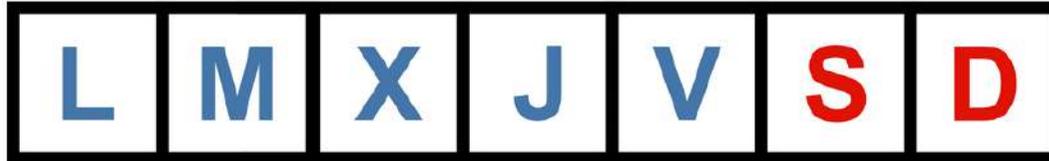
SEÑALA LAS HORA



SEÑALA LOS
MINUTOS



DÍA DE LA
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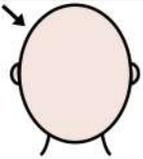


DÍA DEL
MES

1	2	3	4	5	6	7
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22	23	24	25	26	27	28
29	30	31				



5. EXPLORACIÓN Y TÉCNICAS



CABEZA



EXAMEN OJOS



EXAMEN BOCA Y GARGANTA



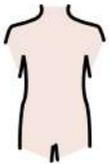
EXAMEN DIENTES



EXAMEN OIDOS



AUSCULTAR



TRONCO



EXPLORACIÓN MAMARIA



EXPLORACIÓN ABODMINAL



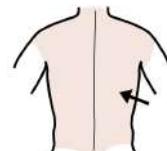
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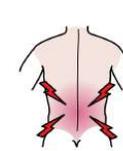
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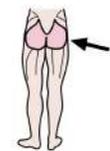
EXPLORACIÓN CERVICAL



EXPLORACIÓN DORSAL



EXPLORACIÓN LUMBAR



EXPLORACIÓN GLUTEA



5. EXPLORACIÓN Y TÉCNICAS



EXTREMIDADES



REFLEJOS



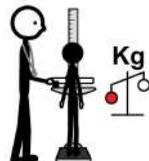
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GENERALES

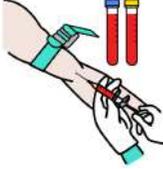
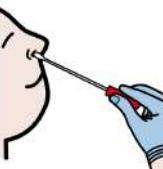


MEDIR

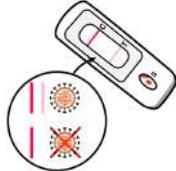
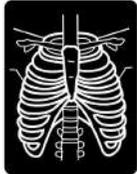


PESAR

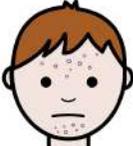
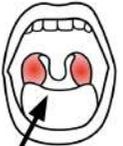
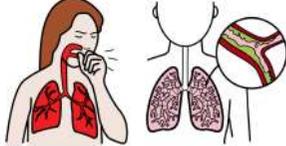
6. PRUEBAS DIAGNÓSTICAS

TOMA DE CONSTANTES	 <p>PULSIOXIMETRÍA</p>	 <p>TEMPERATURA</p>	 <p>TENSIÓN ARTERIAL</p>	
ANÁLISIS	 <p>ANÁLISIS DE SANGRE</p>	 <p>ANÁLISIS DE HECES</p>	 <p>ANÁLISIS DE ORINA</p>	
	 <p>GLUCEMIA</p>	 <p>INR</p>		
FROTIS	 <p>FARÍNGEO</p>	 <p>NASAL</p>	 <p>UNGUEAL</p>	 <p>VAGINAL</p>

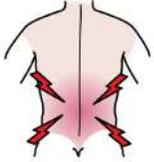
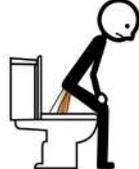
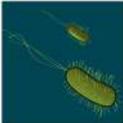
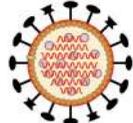
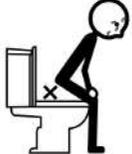
6. PRUEBAS DIAGNÓSTICAS

TEST	 TEST RÁPIDO			
PRUEBAS	 ECOGRAFIA	 ELECTROCARDIOGRAMA	 RADIOGRAFIA	

7. DIAGNÓSTICOS

A	 <p>ACNÉ</p>	 <p>ACV</p>	 <p>ALERGIA</p>	 <p>ANGINAS</p>
	 <p>ANSIEDAD</p>	 <p>APENDICITIS</p>	 <p>ASMA</p>	
B	 <p>BRONQUITIS</p>			
C	 <p>CARIES</p>	 <p>CEFALEA</p>	 <p>COLICO RENAL</p>	 <p>CONJUNTIVITIS</p>

7. DIAGNÓSTICOS

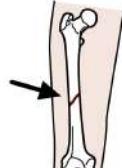
C	 CONTRACTURA			
D	 DEPRESION	 DIABETES	 DIARREA	 DESPRENDIMIENTO DE RETINA
E	 ENFERMEDAD BACTERIANA	 ENFERMEDAD VÍRICA	 EPIDIMITIS	 EPILEPSIA
	 EPISTAXIS	 ESCOLIOSIS	 ESGUINCE	 ESTREÑIMIENTO

7. DIAGNÓSTICOS

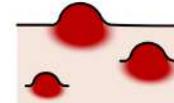
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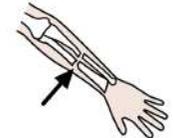
FARINGITIS



FISURA

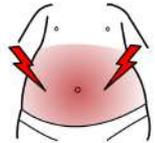


FORÚNCULO



FRACTURA

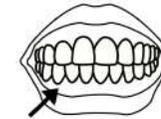
G



GASTRITIS



GASTROENTERITIS



GINGIVITIS



GRIPE

H



HTA

I



IAM



ICTERICIA



INSOMNIO



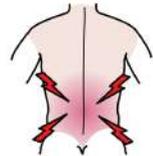
ITU

7. DIAGNÓSTICOS

J

K

L



LUMBALGIA

M



MASTITIS



MIGRAÑA

7. DIAGNÓSTICOS

N



NEUMONÍA

O



ONFALITIS

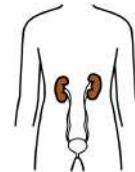


OTITIS

P



PICADURA



PIELONEFRITIS

Q

7. DIAGNÓSTICOS

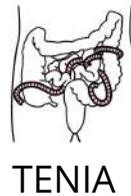
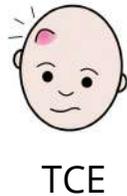
R



S



T



U

7. DIAGNÓSTICOS

U

V

X

Y/Z

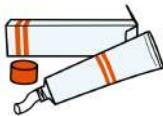


VARICELA

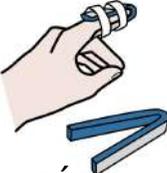
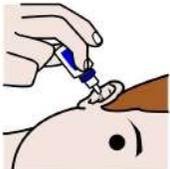


VÓMITOS

8. TRATAMIENTO:

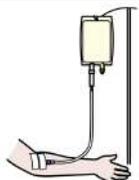
A	 <p>ASPIRAR SECRECC IONES</p>			
B				
C	 <p>CABESTRILLO</p>	 <p>CÁMARA</p>	 <p>CAPSULAS</p>	 <p>COLLARIN CERVIAL</p>
	 <p>COMPRIMIDOS</p>	 <p>CREMA</p>	 <p>CREMA OFTÁLMICA</p>	 <p>CURAR</p>

8. TRATAMIENTO:

D	 <p>DIETA SALUDABLE</p>	 <p>DIETA SIN GLUTEN</p>	 <p>DIETA SIN LACTOSA</p>	
E	 <p>ENEMA</p>			
F	 <p>FÁRMACOS</p>	 <p>FÉRULA</p>		
G	 <p>GOTAS NAALES</p>	 <p>GOTAS OFTÁLMICAS</p>	 <p>GOTAS ORALES</p>	 <p>GOTAS OTICAS</p>

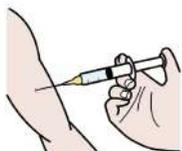
8. TRATAMIENTO:

G



GOTERO

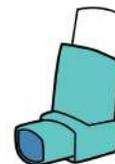
I



INYECCIÓN BRAZO



INYECCIÓN
GLUTEO



INHALADOR

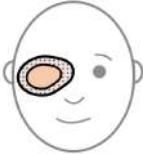
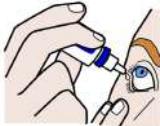
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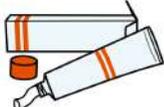
JARABE

K

8. TRATAMIENTO:

L	 <p>LENTILLAS - NO</p>			
M	 <p>MEDICACIÓN</p>			
N	 <p>NEBULIZACIÓN</p>			
O	 <p>OCULAR - LAVADO</p>	 <p>OCULAR - PARCHÉ</p>	 <p>OCULAR - TINCIÓN</p>	 <p>OXIGENO</p>

8. TRATAMIENTO:

<p>O</p>	 <p>OVULOS</p>			
	 <p>OXIGENO</p>	 <p>OXIGENO GAFAS NASALES</p>	 <p>OXIGENO MASCARILLA VENTURI</p>	 <p>OXIGENO MASCARILLA RESERVORIO</p>
<p>P</p>	 <p>POMADA</p>			
<p>Q</p>				

8. TRATAMIENTO:

R



SOBRES



SUPOSITORIO

S



SUTURA
ADHESIVO TISULAR



SUTURA
GRAPAS



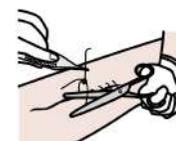
SUTURA
SEDA



SUTURA
TIRAS DE
APROXIMACIÓN



SUTURA
RETIRAR GRAPAS



SUTURA
RETIRAR PUNTOS

8. TRATAMIENTO:

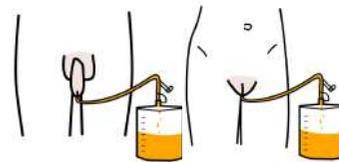
S



SONDA NASOGASTIRICA

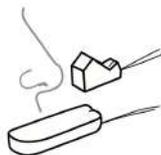


SONDA RECTAL



SONDA VESICAL

T



TAPÓN NASAL

U

V

8. TRATAMIENTO:

V



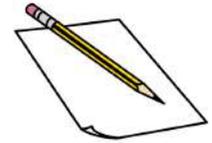
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Y

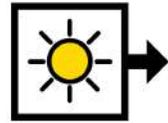
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MEDICAMENTO



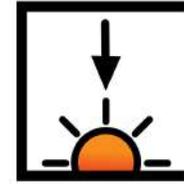
¿CÚANDO?



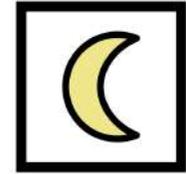
POR LA MAÑANA



A MEDIO DÍA



POR LA TARDE



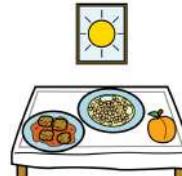
POR LA NOCHE



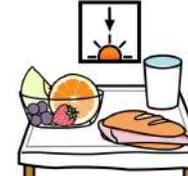
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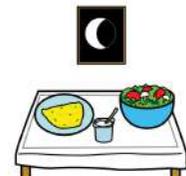
DESAYUNO



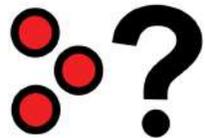
COMIDA



MERIENDA



CENA



DOSIS



TIEMPO

1	2	3	4	5	6	7
8	9	10	11	12	13	14
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22	23	24	25	26	27	28
29	30	31				



L M X J V S D

¿CUÁNTOS DÍAS?

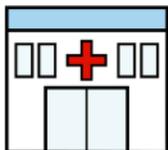
DESTINO



CASA



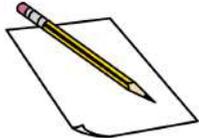
FARMACIA

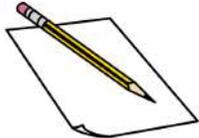


HOSPITAL



HOSPITAL CON AMBULANCIA

AUTORAS:



TANIA DIAZ DIAZ



PILAR LAFUENTE SÁNCHEZ